

Hello CCBT Students, Families and Friends!

We've missed your presence at the studio and are excited to resume many of our in-studio classes this Fall! We want you to know that besides offering a quality arts education, health and safety is our number one priority. Over the past several months, many new developments have been released regarding COVID-19. For our return to in-studio classes and for the health and safety of all students and staff, CCBT will be guided by the protocols & requirements mandated by the Commonwealth of MA, the CDC, Dance/USA, and the National Dance Education Organization. By following these guidelines, we hope to continue providing a productive, happy and *healthy* learning environment for everyone!

We've increased and will maintain rigorous cleaning and disinfecting practices before, between and after all classes and workshops to ensure a healthy environment. The CDC has shown regular cleaning/disinfecting is one of the most important preventive measures we can take; along with social distancing whenever possible, wearing a proper face mask, and practicing good hygiene habits. As always, in the event any student or staff member becomes sick with a fever above 100.4, we ask that they stay home & not return to in-studio classes until 3 days after their fever has passed without use of a fever reducer like Advil/ibuprofen or Tylenol.

When students arrive for all in-studio classes, they'll be asked to line up in a socially distanced waiting/check-in area wearing a proper face mask. Before entering the building, a staff member will record temperatures using a touchless thermometer & ask 5 short COVID-related health/wellness questions, as required by the Commonwealth of MA (Phase 3 - Stage 1) guidelines. Should anyone present symptoms, recently travelled outside MA, or come in contact with someone who's tested positive or presumed positive for COVID-19, they'll be asked to go home & follow all Commonwealth of MA Mandates and Travel Orders, before returning to in-studio classes. While we'll still be offering a couple of online only classes, this year; we'll also be livestreaming (and/or posting all recorded in-studio) classes for any CCBT students or staff members who may need to work remotely during the pandemic. We ask that these new health & safety protocols be followed for the health and safety of both our students and our staff.

After check-in, students can enter the studio foyer (one at a time) to remove their street shoes and place them in their dance bag. Students can then continue into designated areas marked off inside the studio and dressing room; where they can keep their personal belongings & settle in before class. Because students & staff are working together in a closed indoor space & dance is considered a moderate-high risk activity, everyone will be required to wear a proper face mask inside the building; as they may have to interact with each other at a distance closer than 6 feet. Students will be reminded not to touch their face masks, maintain social distancing as much as possible, and disinfect their hands frequently.

In following MA & CDC mandates and guidelines, CCBT is supporting healthy hygiene behaviors by providing adequate supplies of soap, hand sanitizer containing at least 70% alcohol, paper towels, tissues, disinfectant wipes & sprays, emergency face masks, and no-touch trash cans. We also have signs posted in highly visible locations, promoting everyday protective measures on how to stop the spread of germs & how to properly wear a face mask.

Our staff will make sure as we begin seeing one another again in person, we do so on the safest terms for everyone involved. With this in mind, we will no longer enter through the library's main entrance, until we're on the other side of the pandemic. Instead, everyone will enter/exit through a designated waiting/check-in area near the studio's side door. Unfortunately, parents/guardians will no longer be able to enter the building with their child until we reach Phase 4 of the reopening. Instead, parents/guardians will now need to wait in their vehicle or on the premises until their child has officially been checked in. We also ask that our younger students have their parent/guardian accompany them through the check-in process; and then they can leave the premises once their child's check-in is complete. If a student is presenting a temperature or any symptoms, they will not be able to attend their class that day and will be sent home. And, should data for our area move in the wrong direction & we're required to close the studio again, or should a student or staff member test positive for COVID-19 & we need to close the studio temporarily for a 'deep disinfectant cleaning,' we would immediately move ALL in-studio classes back online, until it is safe to reopen.

As always, if you have any questions or concerns, please do not hesitate to contact us at: capecodballettheatre@gmail.com Otherwise, we'll look forward to seeing everyone soon! Till then... Be well & stay healthy!

CCBT In-Studio Class Guidelines & Protocol Checklist

1. Clean & Sterilize Foyer, Restroom, Studio, & Dressing Room Areas

- a. Clean and disinfect frequently touched surfaces (e.g., door handles, sink handles, armrests, tables, countertops, chairs) before/after each Class and Workshop.
- b. Increased frequency of routine cleaning and disinfecting of entire building.
- c. Ensure safe and correct use and storage of cleaners and disinfectants; including storing products securely.
- d. Staff and students will use disinfectant wipes and/or sprays to clean shared equipment, props, and other shared objects and surfaces before/after every use. Use of shared objects will be limited when possible and always cleaned between each use.
- e. Ensure ventilation system operates properly and increase circulation of outdoor air as much as possible, for example by opening doors & window & keeping all fans on.

2. In-Studio Classes

- a. All CCBT Classes & Workshops will have a reduced number of students/staff allowed inside the studio at any one time. Length of classes & number of students allowed per individual class will be based upon Commonwealth of MA & CDC guidelines for reopening, developmental age group, and Class Level.
- b. Studio doors & windows will be propped open to allow for ventilation and fresh air, whenever possible.
- c. Students must arrive to their check-in dressed in their dance clothes & ready for Class. Unfortunately, changing in the Dressing Room or Restroom will be prohibited until the pandemic is over.
- d. Each student should bring their own PPE kit (inside their dance bag) to include a personal bottle of hand sanitizer, as well as at least one additional face mask.
- e. Prior to students arriving, staff will record & monitor their own temperature & symptoms, using a touchless thermometer & the wellness questionnaire required by the Commonwealth of MA.
- f. When a student arrives for class & prior to entering the studio, a staff member will record & monitor the student's temperature using a touchless thermometer & the wellness questionnaire required by the Commonwealth of MA. Anyone with a temperature of 100.4 or more, anyone experiencing COVID-related symptoms, anyone who may have recently travelled outside of MA or been exposed to someone with a positive or presumed positive COVID-19 test result will be asked to go home & follow the MA guidelines & Travel Order Mandates before returning for in-studio classes.
- g. Once a student has completed check-in, they can enter the studio foyer to remove & put their street shoes in their dance bag, and then head to designated personal areas to place their belongings & settle in for class.
- h. Before each class, staff will remind students of specific practices needed to maintain adequate social distancing, etc... (Students & parents should understand if anyone does not maintain these health & safety practices required by the Commonwealth of MA & CDC, CCBT will have the right to remove the student from class with no refund.)
- i. At the end of each class and workshop, students must gather their personal belongings right away and move to the designated waiting area to be picked up by a parent/guardian, as soon as class is finished. This is to allow enough time to disinfect the Studio, Dressing Room, and Restroom areas between & after all classes.

3. CCBT's Preparation for 'In-Studio' Classes, Workshops, & Rehearsals

- a. Increased cleaning and disinfecting schedule maintained by CCBT Staff (which will take place before, between & after all Classes/Workshops).
- b. As per the Commonwealth of MA... there will be a required 'pre-class wellness check-in' to be completed by everyone prior to being able to enter the building.
- c. Designated 'Socially Distanced Areas' have been marked off in the Studio & Dressing Room where students may place their personal belongings, settle in, & put on/take off dance shoes, etc...
- d. Restroom stocked with hand soap, bath tissue, paper towels, hand sanitizer, & disinfectant sprays.
- e. Studio also contains hand sanitizer with at least 70% alcohol, disinfectant wipes, a disinfectant sprayer, fast drying & EPA approved disinfectant sprays, emergency face masks, as well as no touch trash cans.
- f. Proper signage marked around the building reminding of new protocols (including social distancing, mask wearing, proper handwashing, etc.)