

HEALTH & SAFETY GUIDELINES 2023-24

Hello CCBT Students, Families & Friends!

Many developments have been released regarding the transmission & mitigation of COVID-19 over the past 3 years. Our studio continues to be disinfected everyday & is fully cleaned on a weekly basis. Masks are optional. We continue with increased ventilation & air circulation, pre-class check-ins, as well as offering hand sanitizer to ensure a healthy environment. We take guidance from the CDC, Commonwealth of MA, American Academy of Pediatrics, National Dance Education Organization, DanceUSA, as well as AEA & SAG/AFTRA. Because dance is considered a high risk activity for transmission, the following preventive measures are recommended for dance schools & companies. 1.) Increased sanitizing of facility, props, costumes & frequently touched surfaces. 2.) Reduced class capacity. 3.) Indoor masking if you've had close contact within the last 5 days, or have tested positive in the past 10 days.

In the event that a student or a staff member becomes sick with cold or flu-like symptoms or is running a fever, we ask that they stay home & not return to the studio until at least 24 hours after the fever has passed, without the use of a fever reducer like Advil/ibuprofen or Tylenol.

When students arrive for class, they will check in with one of our staff members. Doors will open no more than 5 minutes prior to class. CCBT will provide adequate supplies of hand sanitizer, soap, paper towels, spray disinfectant & wipes, as well as disposable face masks if & when needed.

COVID Protocols

1.) Students/staff who've recently had '**Close Contact**' with someone who's tested positive or is suspected positive...

- **Rapid Test & Stay:** Take an 'at-home' rapid antigen test on all CCBT class days for 5 days since exposure. If the 'at home' rapid test result is negative on the day of their class/es & they are asymptomatic, they may continue coming into the studio for class/es.

2.) Students/staff who '**Test Positive**' or are '**Suspected Positive,**' can choose one of two options...

- **Rapid Test to Return:** Isolate at home for 5 days from diagnosis. If asymptomatic on Day 5, they can take an 'at-home' rapid antigen test & if negative, may return to class/es on Day 5.

- **No Additional Testing:** Isolate at home for 10 days from initial positive diagnosis. If asymptomatic on Day 10, they may return to class/es on Day 10.

Pre-Class Check-ins:

Faculty will open up the '**Pre-Class Check-In Area**' (at the top of the entrance ramp) **NO MORE than 5 minutes before your dancer's Class begins.** After Class is over, students will exit through the same door they entered. Please let your teacher know or email capecodballettheatre@gmail.com, if you'll be late to pick up your child after their Class ends. Also, please have your dancer dressed & ready for their Class upon arrival; coming into the building with the absolute minimum amount of things needed for Class.

If you have any questions, please do not hesitate to email capecodballettheatre@gmail.com